**Life Sciences and Medicine Webinar** 25.06.2020 Julia Kotowska, Arina Machine, Sandhya Narayanan







Introductions

### Life Sciences

### Medicine

### **Mission to help untraditional students**

project
access

Project Access is an **international non-profit** set up to provide **bright students from untraditional backgrounds** with personal mentors, who are currently university students at one of our target universities

We have a network of

**160+** team members **3,500+** mentors

We have supported

**3,000+** aspiring students!



Mentees come from untraditional backgrounds and need resources and guidance



Mentors help students navigate the application process and offer 1:1 support



Once they receive an offer, mentees form part of our campus community

## Introductions





Julia Kotowska Incoming clinical 4th Year Medicine University of Oxford



Arina Machine Incoming 3rd Year Natural Sciences (Plant Sciences) University of Cambridge



Sandhya Narayanan Incoming 4<sup>th</sup>Year Biological Sciences (Cell Biology) Edinburgh University University of California, Berkeley

# Why Life Sciences?





Helps you understand yourself and the world around you



Life sciences cover a **broad range** of topics ranging from single cells to ecosystems



Research into the subject **helps make the world a better place.** A career in Life Sciences can mean anything from curing diseases to preventing animals from going extinct



Teaches **key transferable skills** even if you don't want to pursue a career in research



# **Studying Life Sciences**

✓
✓
✓
✓
✓
✓
✓
✓
✓
✓
✓
✓
✓
✓
✓
✓
✓
✓
✓
✓
✓
✓
✓
✓
✓
✓
✓
✓
✓
✓
✓
✓
✓
✓
✓
✓
✓
✓
✓
✓
✓
✓
✓
✓
✓
✓
✓
✓
✓
✓
✓
✓
✓
✓
✓
✓
✓
✓
✓
✓
✓
✓
✓
✓
✓
✓
✓
✓
✓
✓
✓
✓
✓
✓
✓
✓
✓
✓
✓
✓
✓
✓
✓
✓
✓
✓
✓
✓
✓
✓
✓
✓
✓
✓
✓
✓
✓
✓
✓
✓
✓
✓
✓
✓
✓
✓
✓
✓
✓
✓
✓
✓
✓
✓
✓
✓
✓
✓
✓
✓
✓
✓
✓
✓
✓
✓
✓
✓
✓
✓
✓
✓
✓
✓
✓
✓
✓
✓
✓
✓
✓
✓
✓
✓
✓
✓
✓
✓
✓
✓
✓
✓
✓
✓
✓
✓
✓
✓
✓
✓
✓
✓
✓
✓
✓
✓
✓
✓
✓
✓
✓
✓
✓
✓
✓
✓
✓
✓
✓
✓
✓
✓
✓
✓
✓
✓





You can choose to start with a **broad course** and specialize later, or to go straight into a **specific course** such as Marine Biology You will likely have larger lectures, but a large part of your course will be lab work Usually very heavily content based, but also encourages critical thinking

# **Applying for Life Sciences**



Varies by country and university, but some of the things you can be expected to do are:



- Write a personal statement
- Complete external assessments (subject SATs, university specific)
- Show experience
- Attend an interview

# Studying at Cambridge



Pick from a large **number of modules** your first and second year, and then specialize in your third year. In the first-year biology options include Evolution and Behavior, Biology of Cells, and Physiology

**Weekly supervisions** in groups of 1-3 in each subject to help consolidate knowledge

**Close community** within your college with a large amount of pastoral support available from your DOS to your tutor.

Cambridge is a **small city** and the heart of many biotech initiatives.

## Studying at Edinburgh





Four-year undergraduate degree programme in Scotland



**12 choices** Honours programmes – this means that you don't need to know which area of biology you are interested in before you start. You only have to decide at the end of 2<sup>nd</sup> year, giving you plenty of time.



Choices include: Biochemistry; Biotechnology; Cell Biology; Development, Regeneration and Stem Cells; Ecology; Evolutionary Biology; Genetics; Immunology; Molecular Biology; Molecular Genetics; Plant Science; and Zoology.



**Edinburgh**: beautiful and traditional city with lots to see and do!



## What skills will I gain?





#### **Scientific skills**

such as lab work experience, research skills as well as technical scientific knowledge

### **STEM subjects**

help gain organisational, time-planning and analytical skills as well as group working and problem-solving skills

## **Research Opportunities**





Most top universities will have the opportunity to get involved in **extracurricular research** opportunities.



You may be able to help with lab work during the semester, but this largely done over the **summer holidays**.



Allows you to work in a **lab environment** with other researchers to further understand your specific scientific interests.



You can learn from more **experienced scientists** and be involved in some **very exciting** independent scientific work.











**Further Study** Masters, PhD, Medicine Research

University, Industry, Research Organisations

### **Other Jobs**

Government, finance, technology etc.



## Why Medicine?



**Craft of Medicine** 

Science and Technology Challenging but rewarding profession









## **Choosing a University**





### **Intercalation** Additional Degree

### **Teaching Style** More on BMA website

## **Studying Medicine**





Practicals

**Traditional Subjects** 



**Clinical Preparation** 



Spending lots of time with other medics

## **Studying Medicine at Oxford**





Intercalated BA in Medical Sciences



Traditional teaching, strong scientific basis



Strong separation between clinical and pre-clinical school



Spending lots of time with other medics but primarily in college



## **Career Options**



**Patient Work** 



**Further Study** 



**Clinical Research** 



**Public Health** 

Healthcare Management



#### Julia Kotowska

Medicine

julia.kotowska@projectaccess.org

**Arina Machine** 

Natural Sciences (Plant Sciences)

arina.machine@projectaccess.org

Sandhya Narayanan **Biological Sciences (Cell Biology)** 

sandhya.narayanan@projectaccess.org

ctaccess.org

Malin Bornemann

Head of Access Academy

Malin.bornemann@proje

**Q&A** 

#### Aryan Aneja

Partnerships Officer at Warwick

Aryan.aneja@projectaccess. org